

Women Grievance cum Prevention of Sexual Harassment Committee

(2025-26)

- Women Redressal cum Prevention of Sexual Harassment had formed an Internal Complaint Committee (ICC) on 25th July 2025. Dr. Monika Raina, AP Preeti Panta, AP Pawan Kumar, Dr. Sanjeev Kumar, Dr. Shallu Dogra, AP Diksha Kumari, AP Diksha Chauhan, AP Shefali Thanta, Smt Roshini, Ms. Ranjana and Advocate Lokinder Sharma were announced as the members of ICC. Among student representatives Mr. Sujal, Miss Aditi Sharma (B.Sc.I), Miss Zeenat, Miss Aditi Sharma (B.Com. II) and Mr Vansh Chandel were selected.
- Organized a Cultural Fest on behalf of Rakhi and Independence Day on 1st August 2025 to celebrate our festivals and womanhood with a theme and promote our culture and traditional charm.
- Organized a Health and Hygiene Drive and Awareness session on HIV/AIDS/HEPATITIS/ Iron Deficiency & Drug abuse for students of the college on 28th November 2025.
- Organized a lecture on Consequences and Prevention of Sexual Harassment at work place (Prevention, Prohibition and Redressal) Act. 2013 on 3rd December 2025.
- Organized a Blood Donation Camp in the college premises on 17th February 2026.
- Celebrated International Women's Day based on UN women Theme "Rights, Justice, Action for all women and girls" on 7th March 2026.

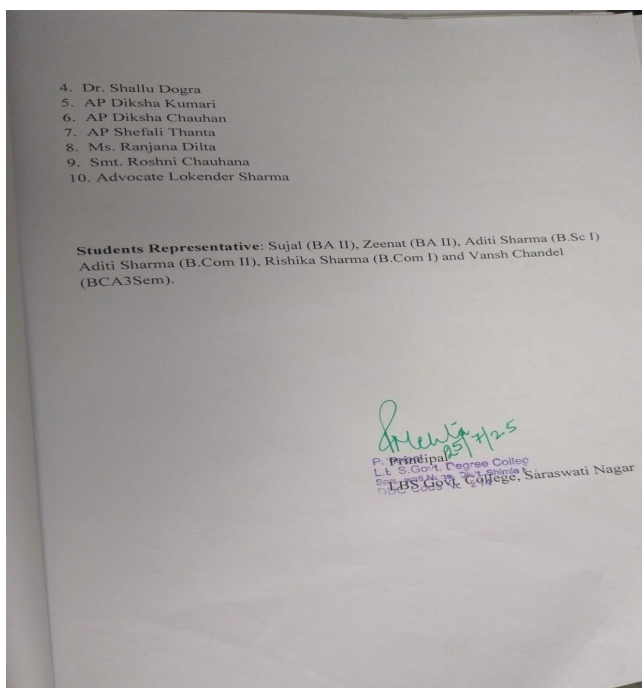
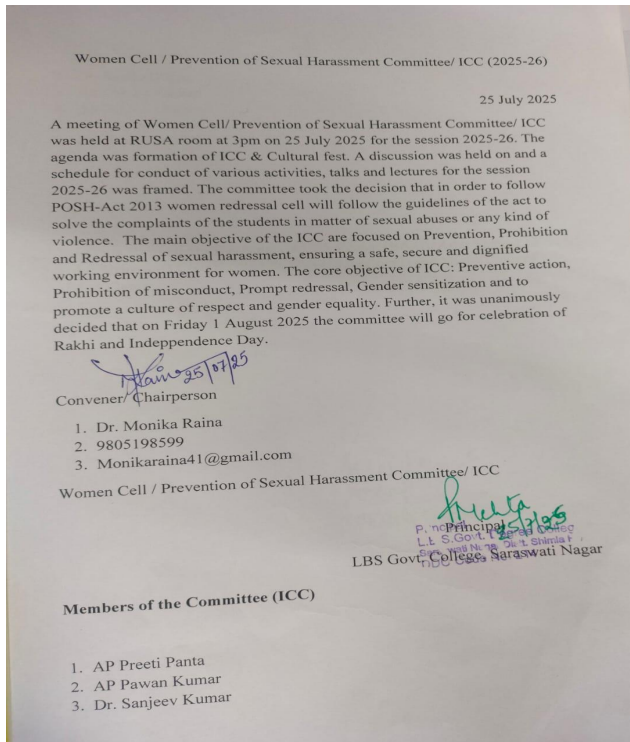
All the details regarding the above mentioned cell has been recorded and maintained in a register with proper documentation and photography.

‘Internal Complaint Cell, ICC’ (Session 2025-26)

Meeting of Internal Complaint Cell, ICC

(25.07.2025)

A meeting of ‘Women Redressal cum Sexual Harassment Committee’ was held on 25th July 2025 at 3pm. The agenda of meeting was formation of ICC and discussion on various activities, talks and lectures to be conducted for the session 2025-2026.



Celebration of Sawan Cultural Fest and Pre-Independence Day (01/08/2025)

On 1st August 2025, the Women Cell, Internal Complaints Committee (ICC), and the Prevention of Sexual Harassment Committee of LBS Government College, Saraswati Nagar, organized a culturally rich and socially significant joint celebration to mark both the traditional Sawan celebration and the upcoming Independence Day. The program was a vibrant display of Indian heritage interwoven with constitutional values of gender equality, civic responsibility, and community participation. This celebration was conducted under the aegis of outreach activities envisioned in the MoU signed between LBS GDC Saraswati Nagar and PM SHRI Government Model Senior Secondary School, Saraswati Nagar, Sawra, to promote integrated academic and cultural collaboration between higher educational institutions and school-level learners.

The day commenced with a formal welcome of the Chief Guest, Dr. Poonam Mehta (worthy Principal), followed by the traditional Mangala Charana rendered melodiously by Dr. Naresh Kumar. The dignitaries and faculty members of the Women Cell and ICC then conducted the ceremonial lighting of the lamp and rosette pinning to inaugurate the function. Assistant Professor Shefali Thanta, on behalf of the organizing committees, delivered the welcome address, outlining the significance of the event as a fusion of cultural reverence and patriotic awareness, especially in the context of promoting gender sensitization and student outreach.

A diverse cultural programme unfolded thereafter, featuring performances and competitions that captured both the celebratory mood of Sawan and the reverence for India's freedom struggle. Students showcased their talents in various events such as solo dance, solo singing, mehendi design, rakhi making, and bangle craft. The competitions saw enthusiastic participation not only from the college students but also from students of the PM SHRI Govt. Model Sr. Sec. School, Saraswati Nagar, who were accompanied by Smt. Sarita Jhopta, Lecturer in Political Science, and Smt. Anjana Rathor, TGT. Their presence symbolized a strong collaborative bond between the two institutions, aimed at nurturing creativity, cultural awareness, and confidence among school students through structured engagement with higher education platforms.

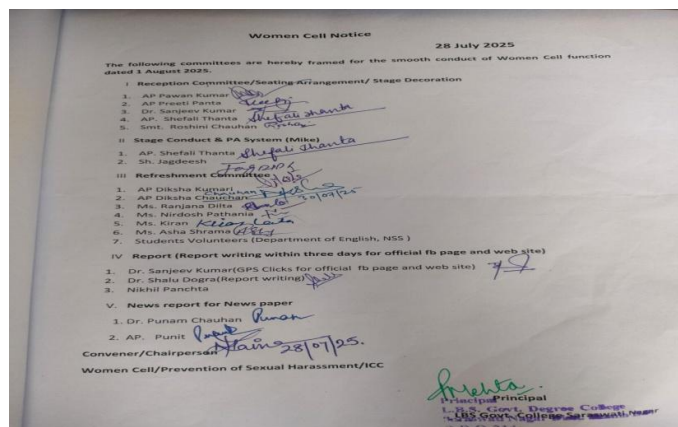
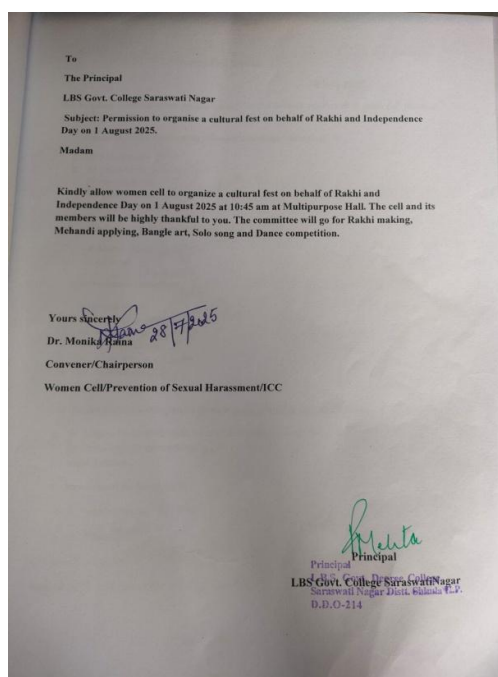
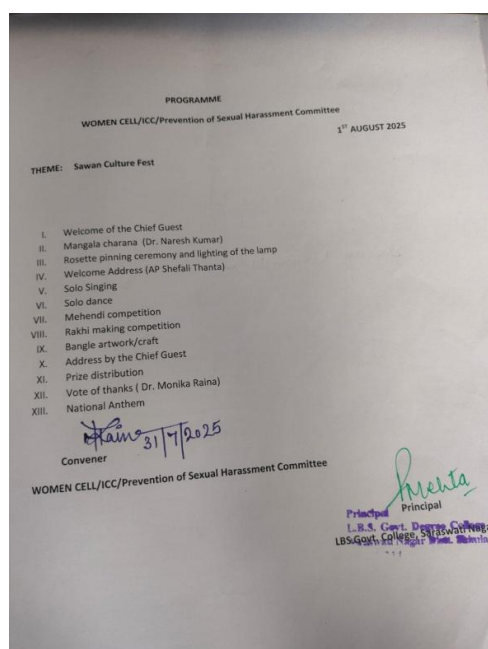
In the solo dance competition, Nitika (BA I Year) secured the first position, followed by Samriti (BA I Year) in second place and Oshin Nepta (BA I Year) in third. The solo singing competition saw excellent performances, with Shinal Zinta from Class 12th of PM SHRI School bagging the first position, Vanshika from Class 9th in second, and Charitr from Class 11th in third. In the bangle art and craft category, Laxmi from B.Voc claimed the top spot for her innovative design. The mehendi competition was won by Sneha (BA III), while Nishika (MA I) stood second. The rakhi-making competition was won by Katrina (BA I), whose creative use of eco-friendly materials drew special appreciation. The cultural performances also resonated with the objectives of the ICC and PoSH Committee in promoting a respectful and secure environment for women on campus.

The teachers from PM SHRI Government School expressed deep appreciation for the opportunity, remarking that such events give school students aspirational exposure to college life, artistic expression, and civic responsibility. They also

reiterated their commitment to further collaborative activities under the institutional MoU.

The event concluded with an address by the Chief Guest emphasizing the importance of cultural inclusivity and gender equity, followed by prize distribution ceremony which has been mentioned above with price winners. In the end a vote of thanks was delivered by Dr. Monika Raina followed by National Anthem.

The event achieved multiple objectives - it reinforced the cultural identity of students, provided a safe platform for creative expression, encouraged inter-institutional cooperation, and enhanced community outreach. The joint efforts of the Women Cell, ICC, PoSH Committee, and PM SHRI Government School succeeded in creating an enriching and impactful celebration that went beyond festivity to foster education, empowerment, and engagement.



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Principa
Principal
L.B.S. Govt. Degree College
Sarawati Nagar Distt. Shimla H.P.
D.D.O-214





Awareness Session on HIV/AIDS, Hepatitis, Iron Deficiency & Women's Health and Hygiene (28/11/2025)

An awareness session on HIV/AIDS, Hepatitis, Iron Deficiency, and Women's Health & Hygiene was organised by the Women Cell/ICC/Prevention of Sexual Harassment Committee in collaboration with the Civil Hospital ICTC–STI, Rohru. The session was chaired by the Principal of the college, Dr. Poonam Mehta, who also graced the event as the Chief Guest. The Resource Person for the session was Dr. Kritik Mehta, accompanied by his team members, along with Dr. Monika Raina, Chairperson/Convener of the Women Cell/ICC/Prevention of Sexual Harassment Committee.

The programme commenced with the formal welcome of the Chief Guest and the Resource Person by Dr. Monika Raina (Convener, Women Cell and HOD English), AP Diksha Kumari (Department of Public Administration), and Dr. Sanjeev Kumar (Department of Political Science). A welcome address was then delivered by AP Shefali Thanta, Department of Botany. The session began with the inspiring words of the Chief Guest, Dr. Poonam Mehta, who highlighted the significance of the topics, creating an engaging environment for the participants. Thereafter, Dr. Kritik Mehta, MO Incharge ICTC–STC Rohru, took charge of the session and delivered a comprehensive and meticulous lecture on all four themes. His discussion on women's health and hygiene, especially regarding iron deficiency and anaemia among women, proved to be extremely insightful and eye-opening for the female students. He addressed numerous queries raised by students and faculty members, offering rational and informative responses related to health, wellness, and preventive care. A voluntary testing camp for HIV and Hepatitis was also organised under the guidance of Counsellor Ms. Aakshil Tegta and Senior Lab Technician Mr. Amit Sharma. Many students and faculty members voluntarily participated in the testing. The stage was efficiently conducted by AP Shefali Thanta. Refreshments were served to all participants by the Refreshment Committee under the guidance of Dr. Shallu Dogra (Department of Chemistry), assisted by volunteers from BA 1st Year, Department of English.

The event witnessed active participation, with a large number of students benefiting from the session. It was also graced by Advisory Members Dr. Yogita Bandta, AP Vijay Luxmi (Department of English and Hostel Warden), Dr. Punam Chauhan (Department of Zoology), AP Diksha Chauhan (Department of Commerce), and Ms. Ranjana (BCA Department). Esteemed non-teaching staff members Ms. Roshini Chauhan, Ms. Sharda, Ms. Guddi Devi, Ms. Kiran, and Ms. Asha Devi were also present.

The programme concluded with a felicitation ceremony, followed by a heartfelt vote of thanks delivered by Dr. Monika Raina. The event ended with the National Anthem.

Women Cell Notice

18 November 2025

The following committees are hereby framed for the smooth conduct of Women Cell function dated 28 November 2025 & 3 December 2025.

I Reception Committee/Seating Arrangement/ Banner/ Mementos

1. AP Pawan Kumar
2. Dr. Sanjeev Kumar
3. AP. Shefali Thanta
4. AP. Diksha Kumari
5. Smt. Roshni Chauhan

II Stage Conduct & PA system (Mike)

1. AP. AP Preeti Pant (28 November 2025)
2. AP. Shefali Thanta (3 December 2025)
3. Sh. Jagdeesh

III Refreshment Committee

1. Dr. Shailu Dogra
2. AP Diksha Chauhan
3. Ms. Ranjana Ditta
4. Ms. Nirdosh Pathania
5. Ms. Kiran
6. Ms. Asha Shrama
7. Students Volunteers (Department of English, NSS)

IV Report (Report writing within three days for official fb page and web site)

1. Dr. Monika Raina (Report writing)
2. Nikhil Panchta (GPS Clicks for official fb page and web site)

V. News report for News paper

1. Dr. Punam Chauhan

Convenor/Chairperson

Women Cell/Prevention of Sexual Harassment/ICC

Principal
LBS GDC Saraswati Nagar,
Distt. Shimla (H.P.)

Women Cell / Prevention of Sexual Harassment Committee/ ICC

2025

18 November

A meeting was held at RUSA room at 2: 30pm on 18 November 2025. The agenda of the meeting is to organise a Health and Hygiene Drive and Awareness Lecture on (28 November 2025) and to conduct a lecture on POC SO & Consequences & Prevention of Sexual Harassment at Work Place on (3 December 2025).

The following members were present in the meeting:

1. Dr. Monika Raina
2. AP Pawan Kumar
3. AP Preeti Pant
4. Dr. Sanjeev Kumar
5. Dr. Shailu Dogra
6. AP Diksha Kumari
7. AP Diksha Chauhan
8. AP Shefali Thanta
9. Ms. Ranjana Ditta
10. Smt. Roshni Chauhan
11. Smt. Nirdosh Pathania
12. Smt. Sharda

Convenor/Chairperson

Women Cell / Prevention of Sexual Harassment Committee/ ICC

Principal
LBS GDC Saraswati Nagar,
Distt. Shimla (H.P.)



No-EDN-LBS-GDC-SN -102(Women Cell)/ 2025-26-762
Office of Principal, LBS GDC Saraswati Nagar, Distt-Shimla H.P. 171206
Email: gcsnagar25@rediffmail.com 01781-238149 (Land line)

Dated: Saraswati Nagar 171206 the 19th November 2025

To

The MS
CIVIL HOSPITAL, ROHRU

Subject: Consent for engaging a Medical Officer, an ICT Counsellor for organizing an awareness and sensitizing session on HIV/AIDS/HEPATITIS/Iron Deficiency & Drug abuse at our institution.

Sir,

Kindly allow or permit us the services of a Medical Officer, an ICT Counsellor for organizing an awareness session and sensitizing them about on HIV/AIDS/HEPATITIS/Iron Deficiency & Drug abuse dated 28th November 2025 in r/o LBS Govt. College, Saraswati Nagar.

1. Medical Officer Dr. Kritik Mehta.
2. Senior Lab Technician Mr. Amit Sharma.
3. Counselor Aakshi Tegta.

Convenor/Chairperson
(Women Cell/Prevention of Sexual Harassment/ ICC)

Principal
LBS GDC Saraswati Nagar,
Distt. Shimla (H.P.)

To

The Principal

LBS Govt. College Saraswati Nagar

Subject: Permission to engage resource persons for women cell/ Prevention of sexual harassment /ICC activities and to organise a Health and Hygiene Drive and Awareness Lecture on (28 November 2025) and to conduct another lecture on POC SO & Consequences & Prevention of Sexual Harassment at Work Place (3 December 2025).

Madam

Kindly allow women cell to organise a Health and Hygiene Drive and Awareness Lecture on (28 November 2025) and to conduct another lecture on POC SO & Consequences & Prevention of Sexual Harassment at Work Place (3 December 2025). The cell and its members will be highly thankful to you. The committee will go for these programmes at conference hall at 12 noon.

Resource Persons: Dr Kritik Mehta and his team: 28 November 2025

Resource Person: Dr. Vandana Chauhan Mehta (Ph.D. Criminal Law): 3 Dec 2025

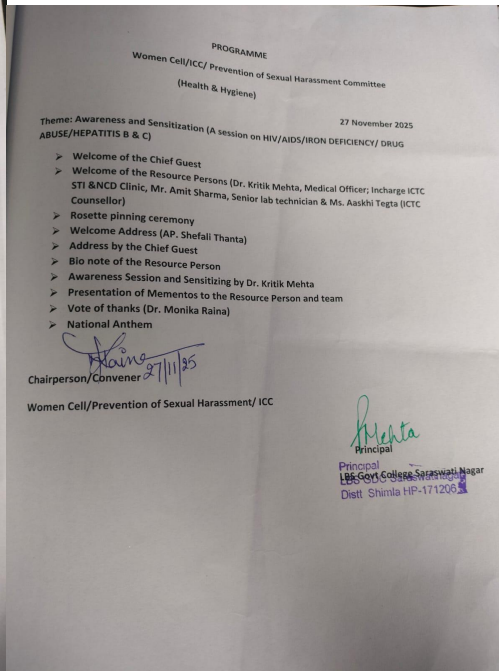
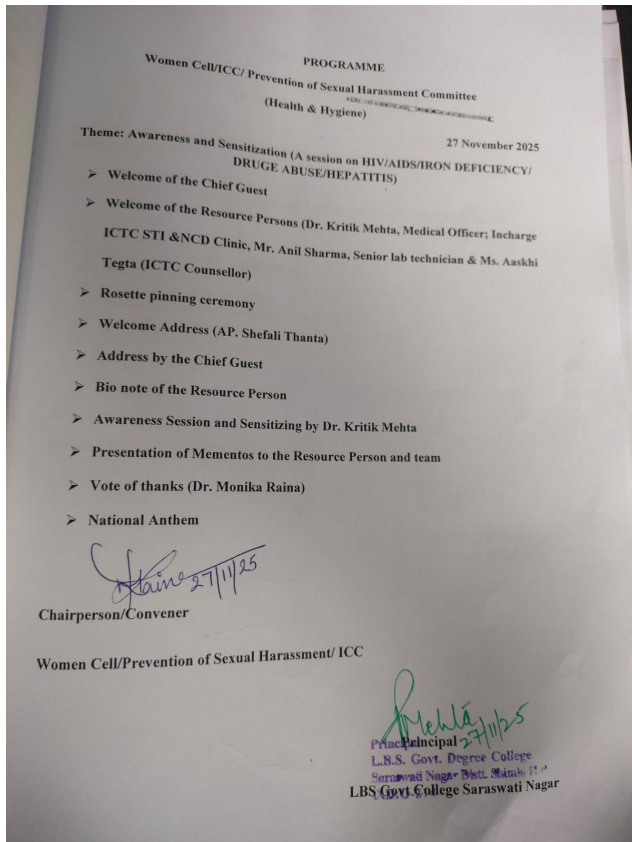
Yours sincerely

Dr. Monika Raina

Convenor/Chairperson

Women Cell/Prevention of Sexual Harassment/ICC

Principal
LBS GDC Saraswati Nagar,
Distt. Shimla (H.P.)



Attendance on Women Cell Function dated 27/11/25

Sr No	Name	Class
44	Rishi Mishra	BA 2nd year
45	Anita	BA 2nd year
46	Shruti	BA 2nd year
47	Shruti	BA 2nd year
48	Kulika	BA 2nd year
49	Verka	BA 2nd year
50	Harika	BA 2nd year
51	Kulika	BA 2nd year
52	Shruti	BA 2nd year
53	Kulika	BA 2nd year
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55	Shruti	BA 2nd year
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Attendance on Women Cell Function dated 27/11/25

Sr No	Name	Class
44	Shruti	BA 2nd year
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96	Shruti	BA 2nd year



Awareness Lecture on Prevention and Consequences of Sexual Harassment at Work place.

(03-12-2025)

An Awareness Lecture was organized by the Women Cell/ICC/Prevention of Sexual Harassment Committee on 3 December 2025 at 11:30 a.m. in the Conference Hall. The theme of the session was "Prevention and Consequences of Sexual Harassment at the Workplace."

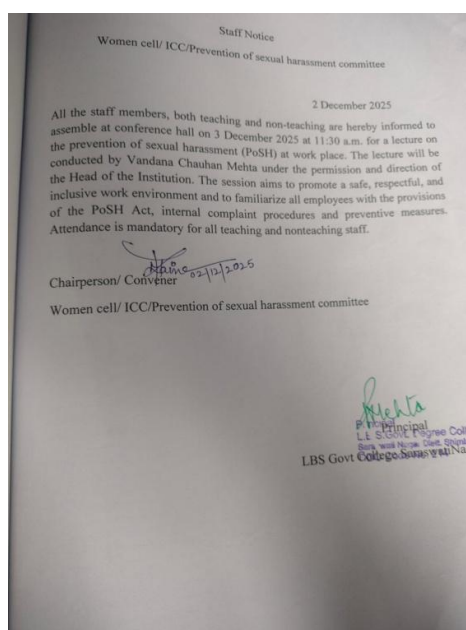
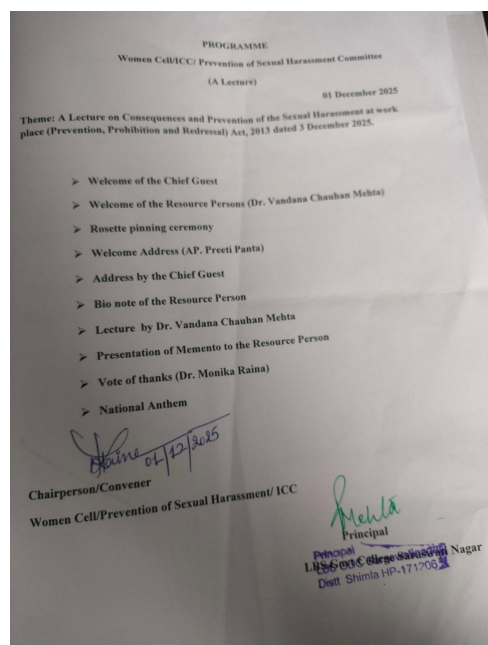
The lecture was delivered by Dr. Vandana Chauhan Mehta, a distinguished academician and expert in Criminal Law. Dr. Mehta provided insightful guidance on the POCSO Act and elaborated on the legal, psychological, and social implications of sexual harassment. She also discussed women's rights, various forms of sexual assault, and the challenges faced by survivors. The session was highly interactive, and Dr. Mehta addressed the questions of staff members and students with exceptional clarity.

The programme was graced by the esteemed Principal, Dr. Poonam Mehta, as the Chief Guest, along with the Resource Person, Dr. Vandana Chauhan Mehta, and the Chairperson/Convener of the Women Cell/ICC, Dr. Monika Raina. Teaching and non-teaching staff, advisory members, and students participated enthusiastically. Committee members executed their responsibilities with commendable dedication.

The event commenced with a warm welcome extended to the Chief Guest and the Resource Person by AP Preeti Panta, who also delivered the welcome address and coordinated the programme efficiently as the stage anchor. Dr. Shallu Dogra, along with her team, courteously served refreshments to all present, including staff members, students, and committee representatives.

Towards the conclusion, a formal Vote of Thanks was presented by Dr. Monika Raina, who expressed her heartfelt appreciation to all staff members, participants, and committee members for their cooperation and valuable contributions toward making the programme a success.

The event concluded with the rendition of the National Anthem.



Attendance on Women Cell Function dated 03/12/2025

3 December 2025

(63/12/25)

Sr.No	Name	Class
1	Piyush	B.A. 1st year
2	Rohit	B.A. 1st year
3	Vijay	B.A. 1st year
4	Nishant	B.A. 1st year
5	Amish	B.A. 1st year
6	Arjun	B.A. 1st year
7	Chirag	B.A. 1st year
8	Chirag	B.A. 1st year
9	Chirag	B.A. 1st year
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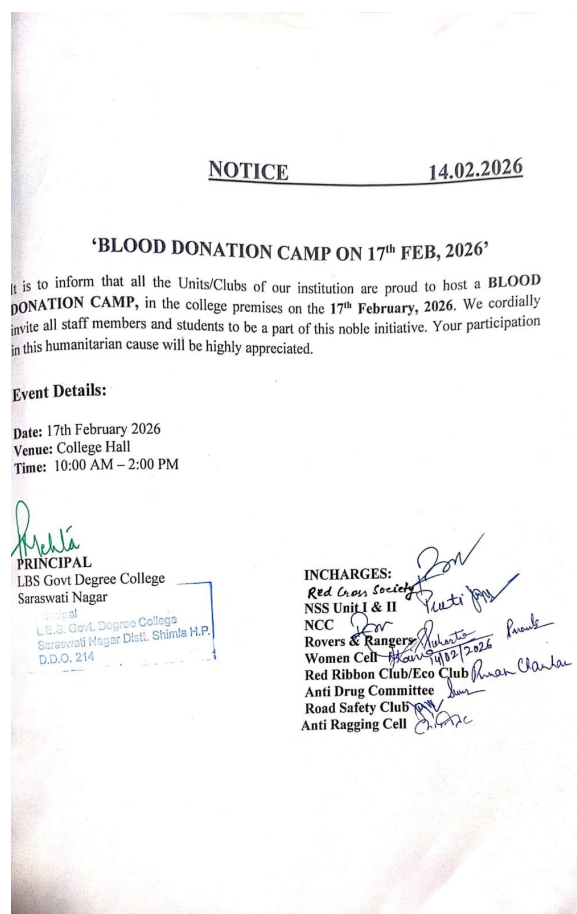


Blood Donation Camp

(17/02/2026)

A Blood Donation Camp was organized by the Women Cell/ICC/Prevention of Sexual Harassment Committee in collaboration with various Units and Clubs of the college on 17th February 2026 in the college premises. The camp was conducted under the supervision of Dr. Manoj and his medical team from Civil Hospital Rohru. The primary objective of the camp was to encourage voluntary blood donation among students and staff members and to spread awareness regarding the importance of blood donation in saving lives. The event witnessed enthusiastic participation from both teaching staff and students, reflecting their sense of social responsibility and humanitarian concern.

The medical team ensured that all necessary health and safety measures were followed during the donation process. Donors were medically examined before blood donation, and proper care was taken throughout the camp to maintain hygiene and comfort. Refreshments were also provided to the donors after donation. The camp turned out to be a successful and meaningful initiative.







Rampur (Himachal)

18-02-2026

छात्रों और स्टाफ ने किया रक्तदान

रोहड़ू। लाल बहादुर शास्त्री राजकीय महाविद्यालय सरस्वतीनगर में मंगलवार को रक्तदान शिविर लगाया गया। रेड क्रॉस सोसायटी, रेड रिबन



संस्थानों के सहयोग से रक्तदान शिविर लगाया गया। शिविर

का संचालन सिविल अस्पताल रोहड़ू के ब्लड बैंक से आए डॉ. मनोज रंजन और उनकी टीम ने किया। शिविर में महाविद्यालय के विद्यार्थियों ने बढ़-चढ़कर भाग लिया। करीब 22 छात्र-छात्राओं और स्टाफ सदस्यों ने रक्तदान किया। इस अवसर पर महाविद्यालय की प्राचार्य डॉ. पुनम मेहता ने कहा कि रक्तदान सबसे बड़ा मानव धर्म है और युवाओं की सक्रिय भागीदारी समाज में सकारात्मक परिवर्तन का संदेश देती है। संवाद

क्लब, एनएसएस, एनसीसी, रोवर रेंजर, बुमन सेल, एंटी ड्रग सेल, रोड सेफ्टी क्लब और एंटी रैपिंग सेल के संयुक्त तत्वावधान में शिविर लगाया गया। शिविर

शिविर में 22 यूनिट रक्त किया एकत्रित

जुबल : राजकीय महाविद्यालय सरस्वती नगर सावड़ा में रेडक्रॉस सोसायटी, रेड रिबन क्लब, एनएसएस, एनसीसी, रोवरर्स एंड रेंजर्स, बुमन सेल, एंटी ड्रग सेल, रोड सेफ्टी क्लब तथा एंटी रैपिंग सेल ने रक्तदान शिविर लगाया। इसमें सिविल अस्पताल रोहड़ू के ब्लड बैंक के डा. मनोज रंजन व उनकी टीम ने 22 यूनिट रक्त एकत्रित किया। विद्यार्थियों ने मानवता की सेवा के इस पुनीत कार्य में योगदान दिया। (संस्)



सरस्वती नगर में शिविर में रक्तदान करता विद्यार्थी ● सौजन्य सोसायटी

Celebration of International Women's Day

(07/03/2026)

Women Cell/ICC/Prevention of Sexual Harassment Committee has celebrated the International Women's Day on 7th March 2026. The session was based on UN Women theme i.e. "Rights, Justice, Action for all women and girls". The session had the theme of Give to Gain encouraging collaboration and generosity to accelerate women's advancement.





रोहटू : एल.बी.एस. कॉलेज सरस्वती नगर में आयोजित कार्यक्रम में मौजूद छात्र-छात्राएँ। (बलनट)

महिलाओं की उपलब्धियों के बारे में जानकारी दी

रोहटू, 7 मार्च (बलनट): लाल बहादुर शास्त्री राजकीय स्नातकोत्तर महाविद्यालय सरस्वती नगर (सावड़ा) में अंतर्राष्ट्रीय महिला दिवस के उपलक्ष्य में शनिवार को जागरूकता कार्यक्रम आयोजित किया गया। 8 मार्च को मनाए जाने वाले इस दिवस को इस वर्ष रविवार होने के कारण महाविद्यालय में एक दिन पहले मनाया गया। कार्यक्रम का आयोजन महाविद्यालय के वूमैन सेल और रेड रिबन क्लब के संयुक्त तत्वावधान में किया गया।

इस वर्ष महिला दिवस की वैश्विक थीम गिव टू गेन रखी गई है, जिसका संदेश है कि महिलाओं के सशक्तीकरण और समानता के लिए समाज में सहयोग, समर्थन और अवसर प्रदान करना आवश्यक है। इस अवसर पर वूमैन सेल की संयोजिका डा. मोनिका रैना ने विद्यार्थियों को महिलाओं के स्वास्थ्य, समाज में उनकी भूमिका और विभिन्न क्षेत्रों में उनकी उपलब्धियों के बारे में जानकारी दी। रेड रिबन क्लब की नोडल अधिकारी डा. पुनम चौहान ने एच.आई.वी./एड्स, स्वास्थ्य और स्वच्छता से जुड़ी महत्वपूर्ण जानकारी साझा करते हुए विद्यार्थियों को जागरूक और जिम्मेदार नागरिक बनने के लिए प्रेरित किया।

विद्यार्थियों को बताया महिला सशक्तीकरण समानता का महत्व



सरस्वतीनगर कॉलेज में आयोजित कार्यक्रम में मौजूद विद्यार्थी। स्रोत: कॉलेज प्रबंधन

संवाद न्यूज एजेंसी

रोहटू। लाल बहादुर शास्त्री राजकीय स्नातकोत्तर महाविद्यालय सरस्वती नगर में शनिवार को अंतर्राष्ट्रीय महिला दिवस मनाया गया। कार्यक्रम का आयोजन महाविद्यालय के वूमैन सेल एवं रेड रिबन क्लब ने संयुक्त रूप से किया।

कार्यक्रम का संचालन वूमैन सेल की संयोजिका डा. मोनिका रैना और रेड रिबन क्लब की नोडल अधिकारी डा. पुनम चौहान के मार्गदर्शन में किया गया। इस अवसर पर प्रो. प्रीति पोंटा, डा. संजीव बरशेटका और प्रो. पवन कुमार का विशेष सहयोग रहा।

कार्यक्रम के दौरान डा. मोनिका रैना ने महिलाओं के स्वास्थ्य, समाज में

युवाओं को जागरूक रहने और स्वस्थ जीवनशैली अपनाने के लिए किया प्रेरित

उनकी महत्वपूर्ण भूमिका और विभिन्न क्षेत्रों में महिलाओं की उपलब्धियों के बारे में जानकारी दी।

उन्होंने विद्यार्थियों को महिला सशक्तीकरण और समानता के महत्व से भी अवगत कराया। इसी क्रम में डा. पुनम चौहान ने विद्यार्थियों को एचआईवी/एड्स, स्वास्थ्य एवं स्वच्छता से संबंधित महत्वपूर्ण जानकारी दी और युवाओं को जागरूक रहने और स्वस्थ जीवनशैली अपनाने के लिए प्रेरित किया। प्राचार्य डा. पुनम मेहता ने सभी को अंतर्राष्ट्रीय महिला दिवस की शुभकामनाएं दीं।

Convener/Chairperson

Women Cell/ Prevention of Sexual Harassment Committee

Principal

LBS Govt. College Saraswatinagar